1. (Once Amended) A set-top terminal for connecting a subscriber to a cable network, said terminal comprising:

a processor; and

a memory unit;

[wherein, when] said terminal being informed by a headend of a specified in-band channel on which a download of data or programming is offered to said set-top terminal over said cable network, said processor only accepts said download on said specified in-band channel and records said download in said memory unit when one or more predetermined criteria are satisfied, said criteria when satisfied indicating [tending to indicate] that acceptance of said download will cause a minimum of [interfere] interference with said subscriber's use of said set-top terminal.

2. (Once Amended) The terminal of claim 1, wherein said one or more criteria are downloaded to said set-top terminal over said [computer] <u>cable</u> network.

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- 10. (Once Amended) The terminal of claim 1, wherein said set-top terminal tunes to [a] <u>said</u> specified <u>in-band</u> channel to receive said download if said one or more criteria are satisfied.
- 16. (Once Amended) The terminal of claim 1, wherein each download of programming contains two versions of a programming object, a first programming object for storage in and execution from [said] a first memory section of said memory unit and a second programming object for storage in and execution from [said] a second memory section, of said memory unit wherein said processor downloads one of said two versions of programming in accordance with whether said first or second memory sections is vacant.

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18. (Once Amended) A set-top terminal for connecting a subscriber to a cable network, said terminal comprising:

a processor; and

a memory unit;

wherein, said set-top terminal being informed by a headend of a specified in-band channel on which a download is offered, said terminal occasionally receives [a] said download over said cable network of new programming on said specified in-band channel; and

wherein following said download of programming, said processor will only execute said new programming from said download when one or more predetermined criteria are satisfied.

24. (Once Amended) A method for minimizing interruptions to use of a set-top terminal that connects a subscriber to a cable network where said interruptions result from downloading data or programming to said set-top terminal over said cable network, the method comprising the steps of:

receiving a signal from a headend identifying a specified in-band channel on which said download is available; and

accepting said download <u>on said specified in-band channel</u> only when one or more predetermined criteria are satisfied, said criteria [tending to indicate] <u>when satisfied</u> <u>indicating</u> that acceptance of said download will not interfere with said subscriber's use of said set-top terminal.

- 25. (Once Amended) The method of claim 24, further comprising downloading said one or more criteria to said set-top terminal over said [computer] <u>cable</u> network.
- 34. (Once Amended) The method of claim 24, further comprising partitioning said memory unit into two memory sections, a first memory section for containing programming being executed by said processor and a second memory section for receiving and storing programming from said download.

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